



**Communicable Disease Plan (CDP)**

Template/Example

*\*\*In order to create this CDP example, several assumptions were made. This CDP is to guide a residential camp with a healthy population and has Registered Nurse(s) Onsite.*

*Communication with medical provider/prescriber throughout operations will be essential*

PREVENTION	ACTIVITIES	TOOLS/CONSIDERATIONS
Pre-Camp	<ol style="list-style-type: none"> <li>1. Ask Camper/Staff arrive Healthy</li> <li>2. Collect and Review Health History with Record of Immunizations</li> <li>3. Describe Health Screening Process for staff and families before arrival</li> <li>4. Evaluate/order supply of protective equipment: gloves, masks, face/eye shields.</li> <li>5. Conduct Health Screenings for both staff and campers that includes screening for communicable disease</li> <li>6. Identify CDP Team responsible for critical services &amp; conduct training prior to start of camp.</li> <li>7. Define Tipping Point for Launching CDP Interventions</li> <li>8. Define Isolation capabilities &amp; criteria for sending home</li> <li>9. Contact appropriate insurance and local EMS personnel</li> <li>10. Consult local officials regarding regional quarantine guidelines and outbreak control measures</li> </ol>	<p>A Healthy Camp Begins &amp; Ends at Home (campnurse.org)</p> <p>Resources: BoundTree.com</p> <p>Health Screening Example Form (campnurse.org)</p> <p>Camp Director/Coordinator, spokesperson, Health center lead, food service liaison, business manager, facilities</p> <p>Number of Ill or % of ill persons within a determined time frame</p> <p>Place isolation information in staff manual and parent policies</p> <p>Communicate camp's practices and capacity</p>

During Camp	<p>11. Orient and train staff to illness-reducing strategies</p> <p>12. Maintain access to resources</p> <p>13. Conduct daily review of health log</p>	<p>No Outbreaks Here (acacamps.org) ACN Communicable Disease Mgmt in the Camp Setting (campnurse.org)</p> <p>Heymann – Control of Communicable Disease Manual CDC website (cdc.gov) Membership to ACN/ACA Community Resources – Public health dept</p> <p>Identify communicable disease hot spots in need of monitoring or intervention</p>
INTERVENTION	ACTIVITIES	TOOLS/CONSIDERATIONS
Outbreak Occurs	<p>1. Convene meeting of CDP Team.</p> <p>2. Identify symptoms and illness as soon as possible.</p> <p>3. Identify key health services support needs</p> <p>4. Food services</p> <p>5. Communication plans</p> <p>6. Facilities</p>	<p>Daily Meetings once Outbreak occurs – revisit processes daily.</p> <p>Consult with medical provider &amp; provide ongoing updates during the outbreak.</p> <p>Staffing, isolation arrangements, supplies, prevention of cross-contamination, care for well staff &amp; campers, medication management, documentation.</p> <p>Meals/Nutrition plans for Ill campers and caretakers; augment menu as needed to keep folks healthy.</p> <p>Spokesperson(s) for families, media, public health dept, insurance, unaffected campers/staff, collect/save documentation of communication</p> <p>Access to separate toilet and hand-washing facilities; emptying trash; ventilation/climate control; transportation, laundry service</p>

RECOVERY/MITIGATION	ACTIVITIES	TOOLS/CONSIDERATIONS
Resolution	<ol style="list-style-type: none"> <li>1. CDP Team Evaluation</li> <li>2. Documentation</li> <li>3. Debrief Camp &amp; facilitate return-to-routine camp practices.</li> <li>4. Update/revise staff, parent and camper materials to more effectively address CDP.</li> </ol>	<p>Provide critical incident debriefing Review all operational activities to determine effectiveness and identify potentials for change; update policy/procedures.</p> <p>Confirm completion of documentation by all required individuals – health center staff, spokesperson(s), camp director, business manager, insurance carrier.</p> <p>Listen to experiences of all staff and campers who wish to share experience. Allow time for staff rest and recuperation.</p>

This CDP Template/Example is a summary format of more extensive information contained in other documents. To gain additional information when developing or revising your CDP, consider accessing the following documents:

Communicable Disease Management Strategies for the Camp Setting (Erceg, 2019).  
 Location: [www.campnurse.org](http://www.campnurse.org)

Communicable Disease Practice Guidelines (ACN, 2017)  
 Location: [www.campnurse.org](http://www.campnurse.org)

Outbreak! Communicable Disease at Camp (2020)  
 Location: Camp Nursing: Basics and Beyond Textbook  
[www.campnurse.org/store](http://www.campnurse.org/store)

Communicable Disease: A Deeper Discussion (2020)  
 Location: Camp Nursing: Basics and Beyond Textbook  
[www.campnurse.org/store](http://www.campnurse.org/store)

Health Screening Form Example  
 Location: [www.campnurse.org](http://www.campnurse.org)

No Outbreaks Here! Simple Strategies for Reducing the Spread of Communicable Disease at Camp (Erceg, 2020)  
 Location: <https://www.acacamps.org/staff-professionals/events-professional-development/online-course/no-outbreaks-here-simple-strategies-reducing-spread>